

you're invited to a seminar on

“BUILDING RESILIENCE THROUGH THE GIFTS OF SUFFERING”

*for the helpers, the healers, and the hurting (aka: you),
based on principles from the new book, Holy Disturbance*

**People are looking to you for answers and reassurance these days.
(You may be looking for them, too.)**

**There's no magic formula, but there *is* a way to inspire, equip, and grow others
*and ourselves, moving from sympathy to empathy to resiliency to community.***

If you lead a congregation, see clients, or support people in crisis, **join your peers—pastors, counselors, and chaplains**—as we apply the principles of Karen Sjoblom's latest book, **Holy Disturbance**, toward teaching those we serve about the growth, resilience, strength, and faith that come from times of suffering.

Designed to provide tools and ease burnout, this seminar will teach you to help others to:

- ◆ **Stand** strong in their seasons of struggle,
- ◆ **Receive** wisdom, perseverance, and more (*the Gifts of Suffering*), and
- ◆ **Share** their help and hope with a hurting world.

Event is open to all in helping/supporting professions: Invite your co-pastors, church staff, spouses, lay-leaders, chaplains, and others—please just register via email.

Wednesday, April 22

10 am-2 pm

Westside Community

Church, Columbus, IN

124 Tipton Lakes Blvd.

Registration required:

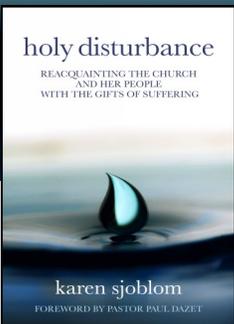
holydisturbance@gmail.com

Fee: \$25

*includes lunch, Holy
Disturbance book & more*

Payable via Venmo

**to Karen Sjoblom
Communications**



More details at www.karensjoblom.com

Many thanks to these seminar sponsors/ministry partners:

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